

Quantum Mechanics

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The Harmonic Oscillator Revisited

Part 4

Observables



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Ladder Operators

The operators introduced in [\[ladder1\]](#)

$$A = \sqrt{\frac{m\omega}{2\hbar}} x + \frac{i}{\sqrt{2m\omega\hbar}} p$$

$$A^\dagger = \sqrt{\frac{m\omega}{2\hbar}} x - \frac{i}{\sqrt{2m\omega\hbar}} p$$

were found to be ladder operators of energy eigenkets in [\[ladder3\]](#), where

$$A|n\rangle = \sqrt{n} |n - 1\rangle$$

$$A^\dagger|n\rangle = \sqrt{n + 1} |n + 1\rangle$$



Eigenenergies

The Hamiltonian was shown in [ladder1] to be

$$H = \left[A^\dagger A + \frac{1}{2} \right] \hbar\omega$$

If we let it act on its own eigenkets,

$$\begin{aligned} H|n\rangle &= \left[A^\dagger A + \frac{1}{2} \right] \hbar\omega|n\rangle \\ &= \hbar\omega A^\dagger \sqrt{n} |n-1\rangle + \frac{\hbar\omega}{2} |n\rangle \\ &= \hbar\omega \sqrt{n} \sqrt{n} |n\rangle + \frac{\hbar\omega}{2} |n\rangle \\ &= \boxed{n-1+1} \hbar\omega |n\rangle + \frac{\hbar\omega}{2} |n\rangle \\ &= \left(n + \frac{1}{2} \right) \hbar\omega |n\rangle \end{aligned}$$

We see then that the energy eigenvalues are

$$E_n = \left(n + \frac{1}{2} \right) \hbar\omega$$



Position and Momentum

Inverting

$$A = \sqrt{\frac{m\omega}{2\hbar}} x + \frac{i}{\sqrt{2m\omega\hbar}} p$$

$$A^\dagger = \sqrt{\frac{m\omega}{2\hbar}} x - \frac{i}{\sqrt{2m\omega\hbar}} p$$

we have

$$x = \sqrt{\frac{\hbar}{2m\omega}} (A + A^\dagger)$$

$$p = -i \sqrt{\frac{m\omega\hbar}{2}} (A - A^\dagger)$$

With these, we have a convenient way of evaluating position and momentum expectation values using ladder operators

