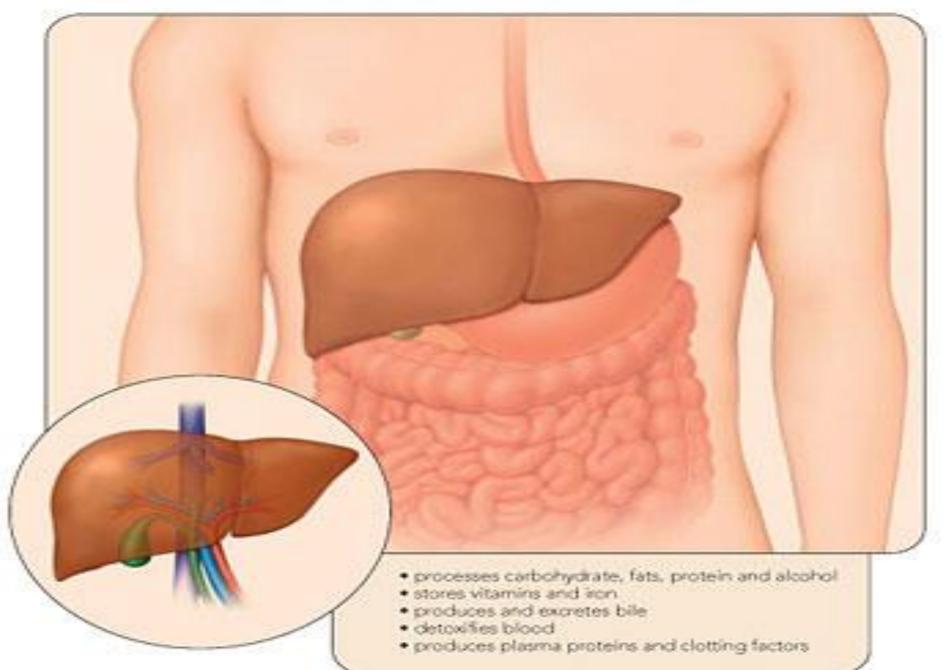
#### **Viral Hepatitis**

#### Supachai A. Basit, RMT, PhD

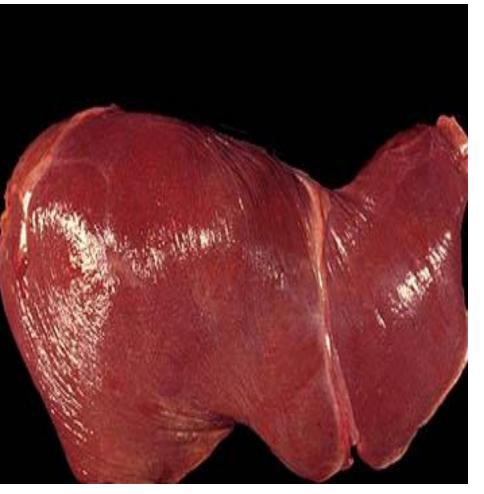
#### Functions of the Liver

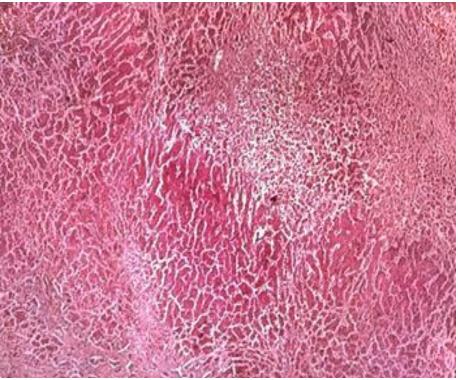


# Hepatitis

- inflammation of the liver
- damage to hepatocytes
- etiology: viruses, bacteria, fungi, parasites, drugs, toxins, hyperthermia, radiation, or excessive alcoholic intake
- fulminant hepatitis

### **Fulminant Hepatitis**





# 2 Major Clinical Types

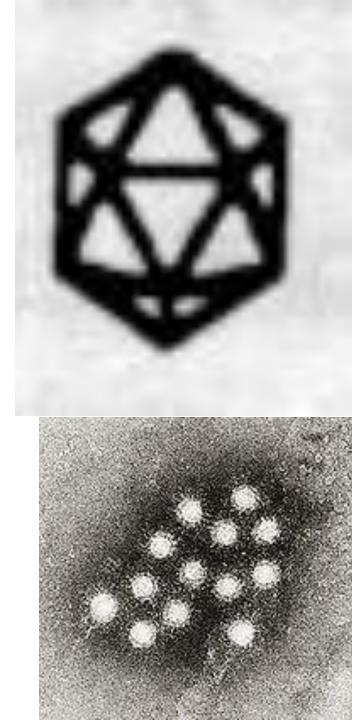
- infectious
- serum hepatitis

# Liver Damage

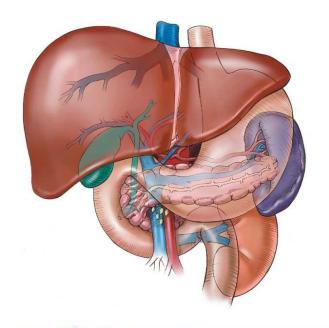


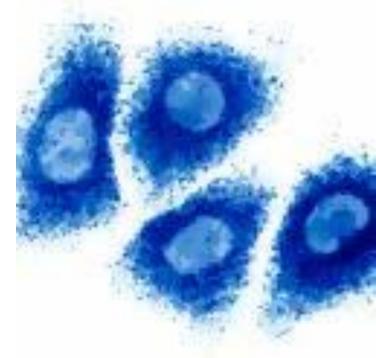
# Hepatitis A

- non enveloped virus; ss RNA;
- Picornaviridae
- fecal oral route
- ether stable, pH. 3.0
- Enterovirus
- IgM  $\rightarrow$  IgG
- Incubation 20-50 days
- recovery: will be 3 weeks to 6 mos
- 2 vaccine (initial shot, booster shot



- Following ingestion, HAV enters the bloodstream through the epithelium of the <u>oropharynx</u> or intestine.
- The blood carries the virus to its target, the liver, where it lives and multiplies within <u>hepatocytes</u> and <u>Kupffer</u> <u>cells</u> (i.e., liver macrophages).





- There is no apparent virus-mediated <u>cytotoxicity</u>, and liver pathology is likely immune-mediated. <u>Virions</u> are secreted into the <u>bile</u> and released in stool.
- HAV is excreted in large quantities approimately 11 days prior to appearance of symptoms or anti-HAV IgM antibodies in the blood. The incubation period is 15-50 days, and mortality is less than 0.5%.

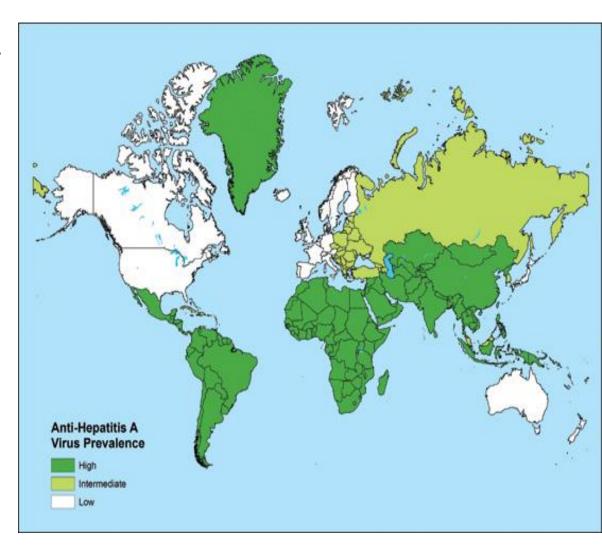
# **Common Symptoms**

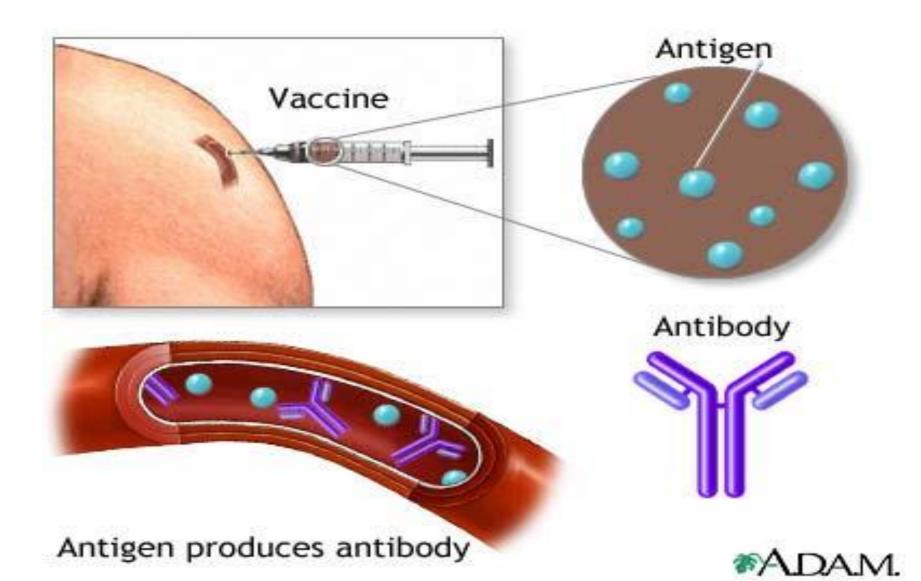
- fatigue
- nausea
- vomiting
- fever; chills
- jaundice
- pain in the liver area
- dark urine
- light colored stool



## **Endemic Area**

- countries w/ low standard of living
- Africa
- Asia (except Japan)
- Mediterranean
- Eastern Europe
- Middle East



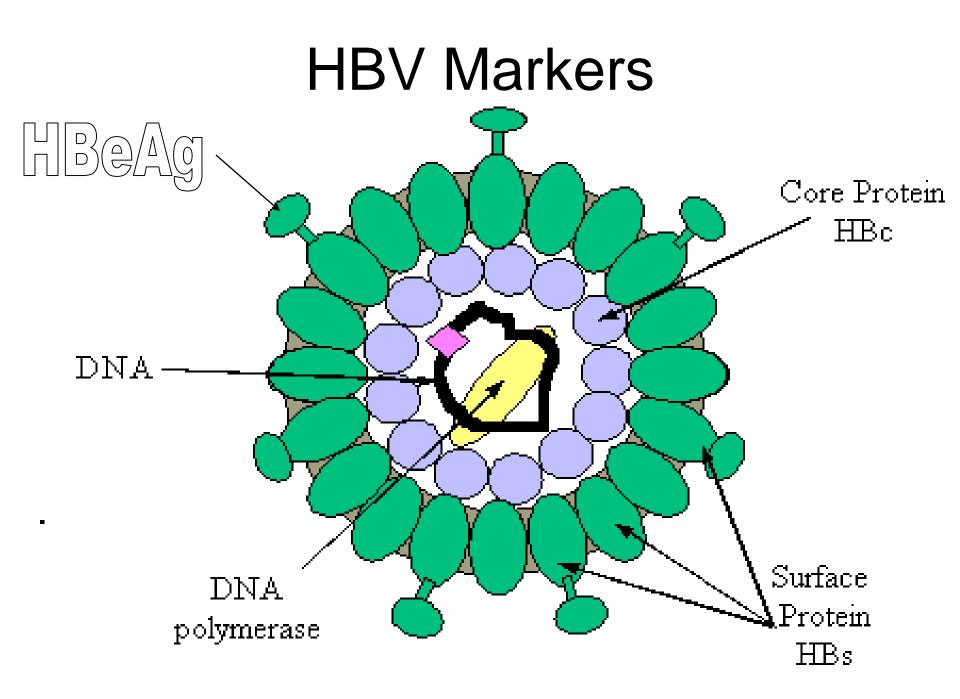


# Hepatitis B

- Australian ag
- Hepatotropic virus
- ds DNA  $\rightarrow$  3 forms
- 1. spherical disc: 22 nm (blood)
- 2. filamentous form: 22 nm wide, 50-200 nm long
- 3. Dane particle: 42 nm diameter, 27 nm nucleocapsid core, surrounded by an outer lipoprotein coat

### **HBV Markers**

- HBsAg outer lipoprotein coat: 22nm in diameter, found in body fluids, produced in the cytoplasm of he hepatocyte
- HBcAg: 27 nm in diameter, located in te nuclei
- HBeAg: found in some HBsAg positive sera either bound to Igs or free in solution
  - appears during acute infection
  - marker for infectivity of HBsAg (+) blood

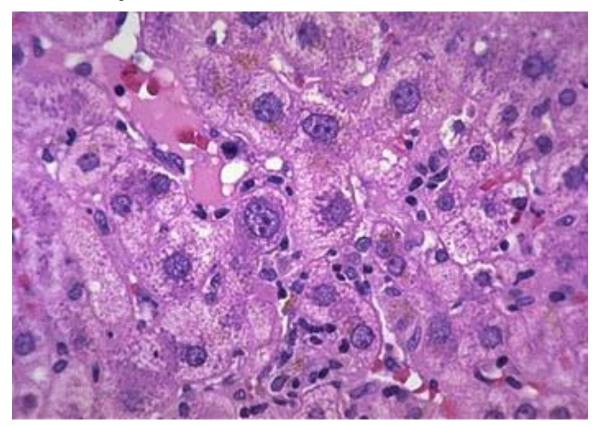


## Mode of Transmission

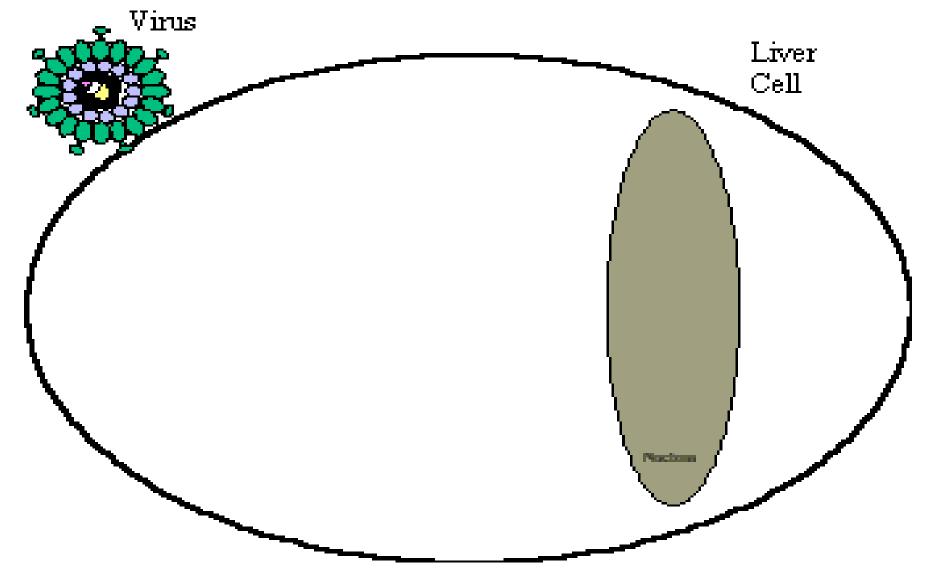
- blood transfusion
- common needles and syringes
- unsterilized dental equipment
- tattoing needles
- sharing of razor and toothbrushes
- sexual contact

# Signs and Symptoms

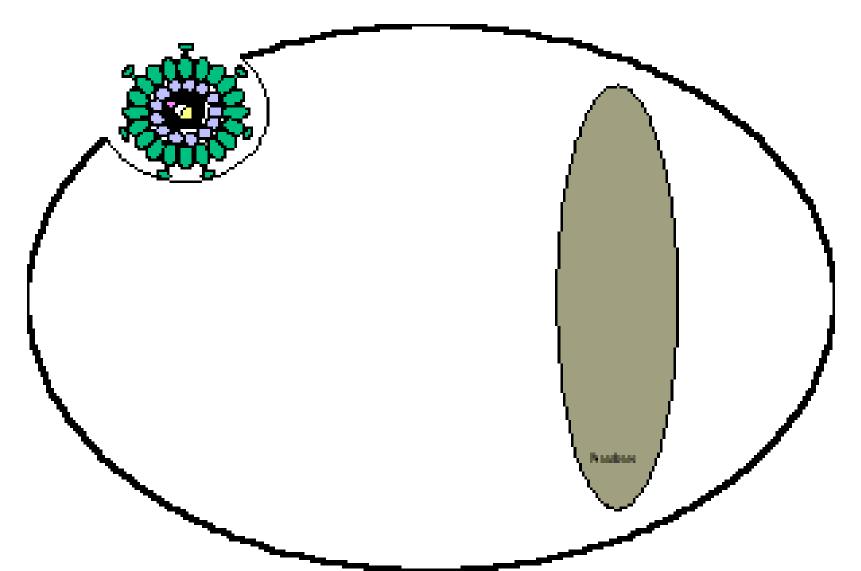
- 10-16 weeks after exposure
- same as Hepa A

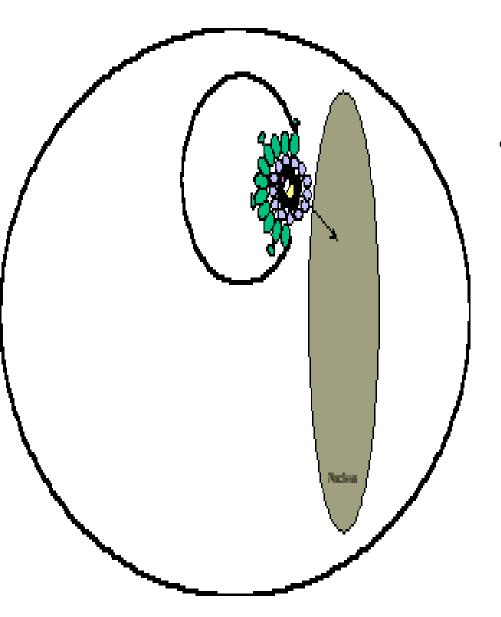


# The virus attach to the liver cell membrane

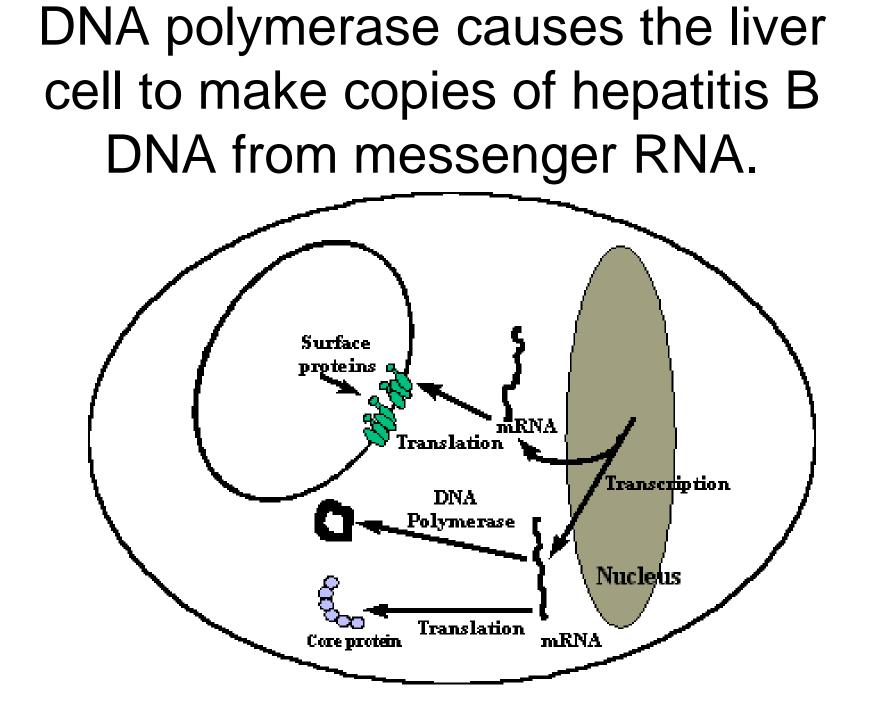


# The virus is transported to the liver cell

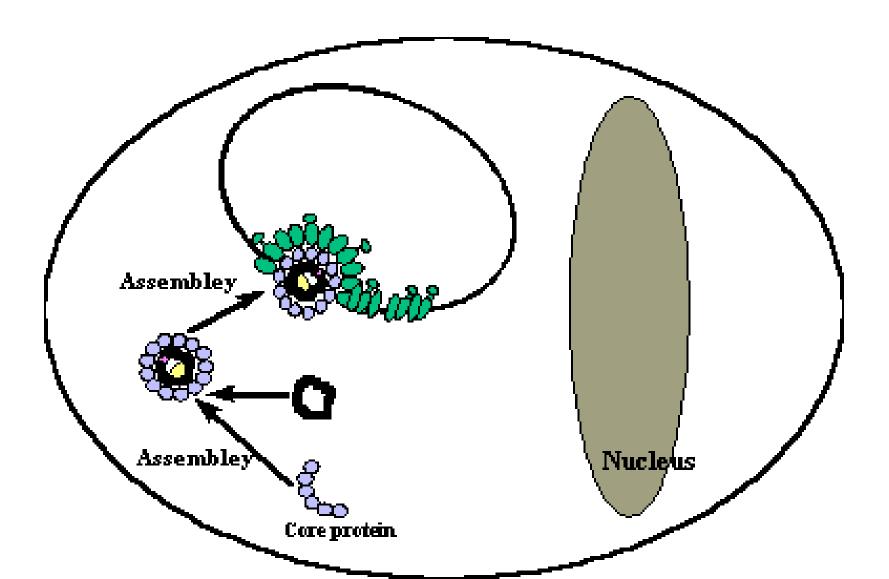




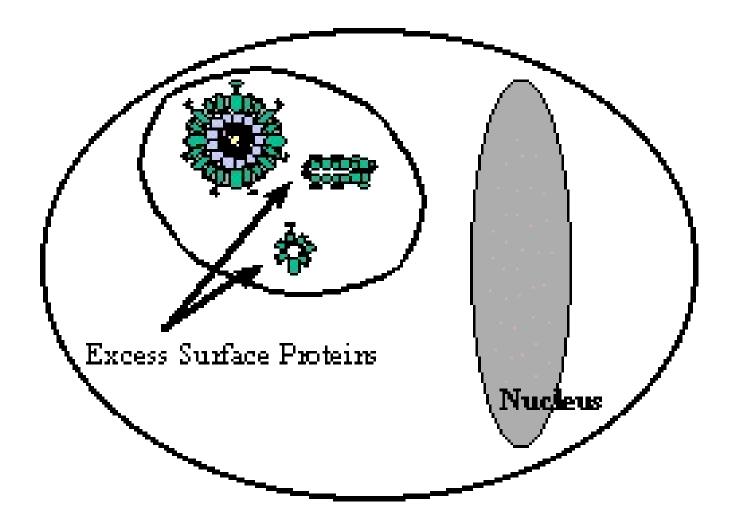
 The core particle then releases it's contents of DNA and DNA polymerase into the liver cell nucleus



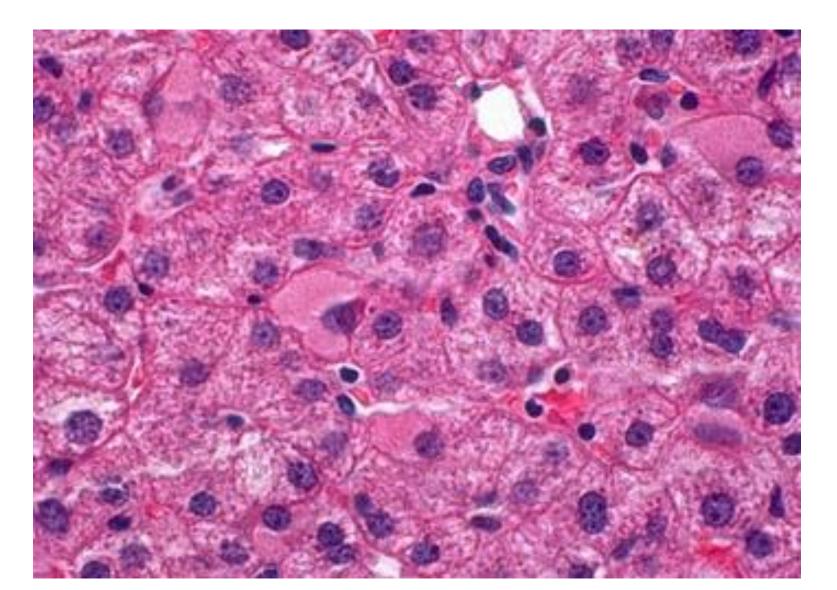
#### Viral Assembly



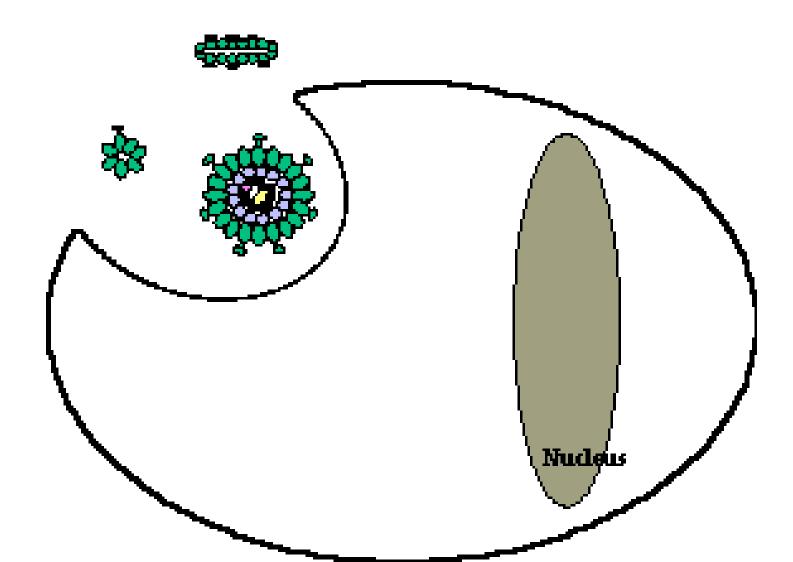
#### Excess surface protein gives ground glass appearance under the microscope



#### Ground Glass appearance



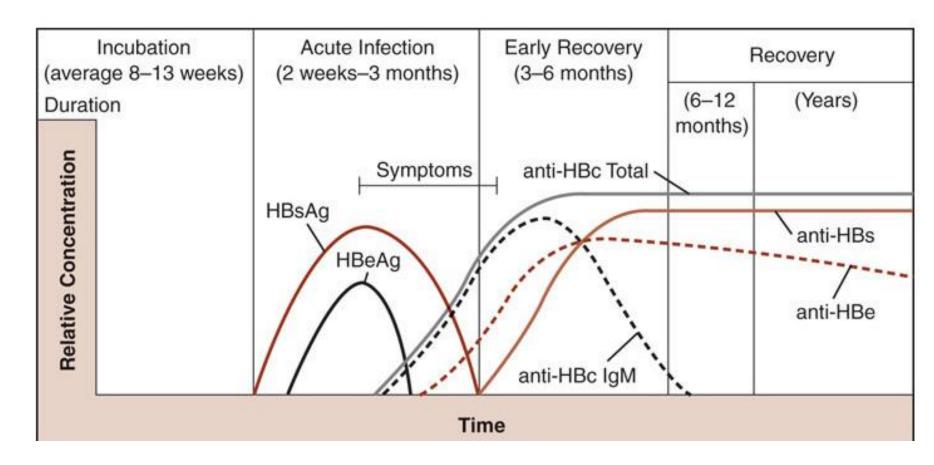
# Viral release to infect another hepatocyte



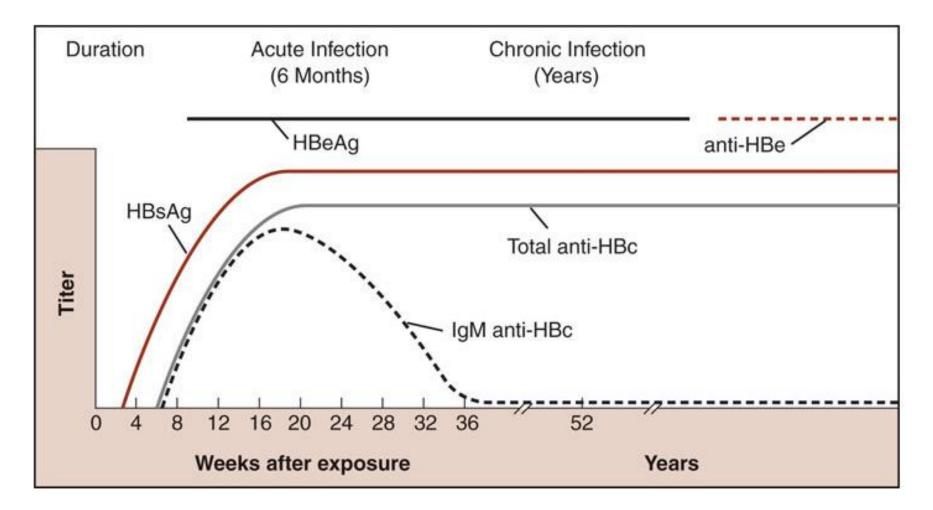
### **Clinical Pattern**

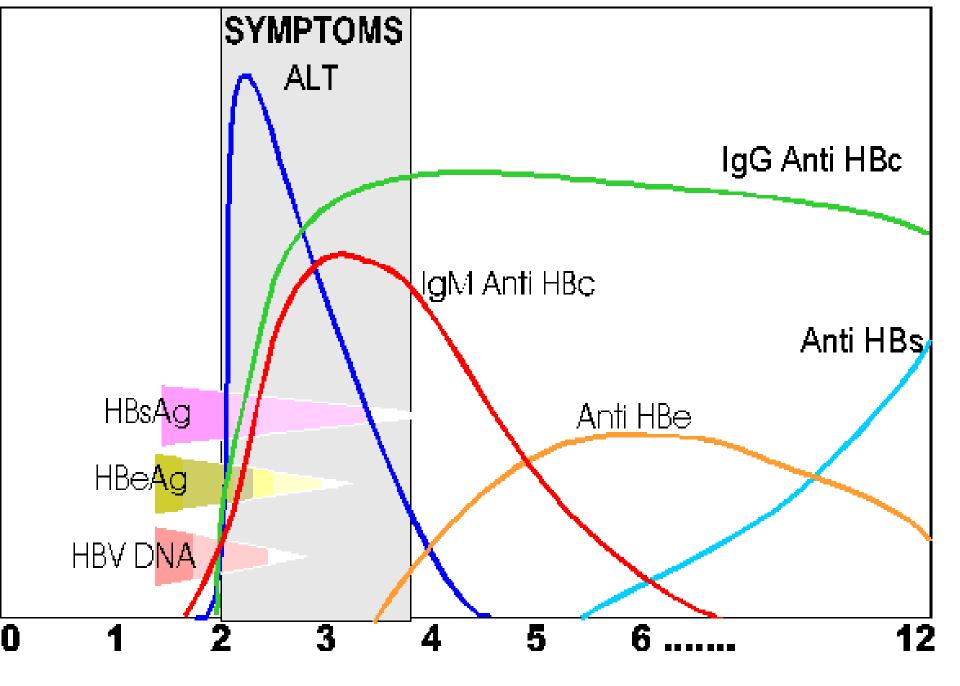
|   | HBsAg | Anti-HBs | Anti-HBc |
|---|-------|----------|----------|
| Early infection or before acute disease                     | +     | -        | -        |
| Late acute infection  | +     | -        | +        |
| Recovery  | -     | +        | +        |
| If low level of nonspecific<br>rxn immunization w/<br>HBsAg | -     | +        | -        |
| Window phase; long after infection                          | -     | -        | +        |

#### Serology and Molecular Detection of Viral Infections Figure 22-2



#### Serology and Molecular Detection of Viral Infections Figure 22-3





Months After Infection

- The hepatitis Be antigen, or HBeAg, appears shortly after HBsAg and disappears shortly before HBsAg in recovering patients.
- This marker is present during periods of active replication of the virus and indicates a high degree of infectivity.
- The HBcAg is not detectable in serum, because the viral envelope masks it.

- The first antibody to appear is IgM antibody to the core antigen, or IgM anti-HBc.
- This antibody indicates current or recent acute infection.
- The appearance of antibodies to the HBe antigen, or anti-HBe, occurs shortly after the disappearance of HBeAg and indicates that the patient is recovering from HBV infection.

- Antibodies to HBsAg, or anti-HBs, also appear during the recovery period of acute hepatitis B, a few weeks after HBsAg disappears.
- These antibodies persist for years and provide protective immunity. Anti-HBs are also produced after immunization with the hepatitis B vaccine.

- Serological markers for hepatitis B are most commonly detected by enzyme immunoassay and chemiluminescent immunoassay.
- An example of an immunoassay for detecting HBsAg is shown in **Figure 22-4**.

#### When do we need vaccine?



| <u>Marker</u>     | <u>Test</u> | <b>Interpretation</b>                                    | Vaccine? |
|-------------------|-------------|--|----------|
| HBsAG<br>Anti-HBc | +<br>+      | Patient is a carrier                                     | No       |
| HBsAG<br>Anti-HBc | -<br>+      | Exposure; developed immunity                             | No       |
| HBsAG<br>Anti-HBc | -           | Susceptible to Hepa B                                    | Yes      |
| HBsAG<br>Anti-HBs | +<br>-      | Patient is an infected carrier                           | No       |
| HBsAG<br>Anti-HBs | -<br>+      | Developed natural<br>immunity; successful<br>vaccination | No       |
| HBsAG<br>Anti-HBs | -           | Patient is susceptible                                   | Yes      |

#### **3 Doses Vaccination**

- 1<sup>st</sup> Dose
  - infants born to infected mother
  - within 12 hrs
  - infant 1-2 months
- 2<sup>nd</sup> Dose
  - 1 month later
- 3<sup>rd</sup> Dose
  - 6 months after 1<sup>st</sup> dose

#### **Engerix Vaccine**



#### Recombivax



#### Treatment

- alpha interferon
- nucleoside analogue
- lamivudine

#### Prevention

- HBV vaccine
- screening pregnant women
- avoid unprotected sexual contact
- avoid sharing of needles, razor etc

Serology and Molecular Detection of Viral Infections

- Hepatitis C virus (HCV) is transmitted mainly by exposure to contaminated blood, with IV drug use being the main source of infection.
- It is the cause of the majority of infections previously classified as "nonA-nonB" before the discovery of HCV in 1989.

- Blood transfusion was also a major source of infection before 1992, when routine screening of blood donors for HCV antibody was implemented.
- Other risk factors for acquiring hepatitis C include organ transplantation before 1992, occupational exposures to contaminated blood, chronic hemodialysis, intranasal cocaine use, body piercing, and tattooing.

- Sexual transmission of HCV is thought to be less common but is higher in those who have had multiple sex partners or a history of sexually transmitted diseases.
- Perinatal transmission has been estimated to occur at a rate of about 6 percent.

- Although the majority of infections are asymptomatic, the infection is problematic, because about 85 percent of persons develop chronic infection, which leads to cirrhosis in about 20 percent of these individuals.
- HCV is an enveloped, single-stranded, positive-sense RNA virus belonging to the family Flaviviridae and the genus *Hepacivirus*.

- Serological tests involve detection of HCV IgG antibody by third-generation enzyme immunoassays or chemiluminescent immunoassay methods, which use recombinant and synthetic antigens.
- Improvements in the serological assays for anti-HCV have enabled antibodies to be detected earlier than previous methods about 4 to 6 weeks after infection.

- While the specificity of these methods is excellent, false-positive results may occur due to cross-reactivity present in persons with other viral infections or autoimmune disorders.
- Any positive results from an anti-HCV screening test should be confirmed.
- The traditional confirmatory method was the recombinant immunoblot assay (RIBA), which detects antibodies to different HCV antigens.

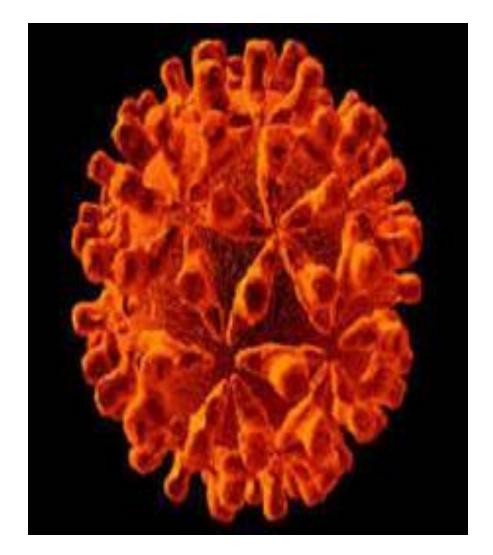
- However, RIBA has been replaced in many laboratories by molecular methods, which are more sensitive and less labor intensive.
- Quantitative tests are performed by RT-PCR, real-time PCR, or branched DNA amplification (bDNA).

- They are used to monitor the amount of HCV RNA, or "viral load," carried by patients before, during, and after antiviral therapy.
- Another type of molecular assay for HCV is the genotyping test, which determines the exact genotype and subtype of the virus responsible for the patient's infection.

- Genotyping tests are ideally performed by sequence analysis, although other methods, including a subtype-specific RT-PCR and a line-probe assay, have also been developed.
- The patient's HCV genotype helps determine optimal treatment in terms of the dose of antiviral drugs administered and the duration of therapy

# Non A Non B (Hepatitis C)

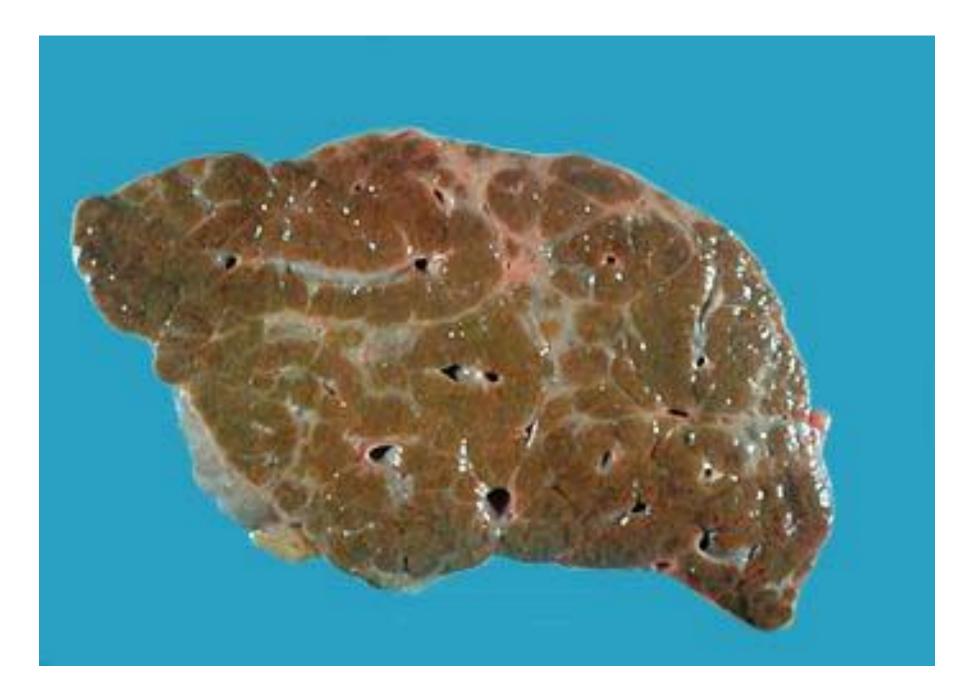
- post transfusion hepatitis
- ALT elevation among blood donors
- minimal clinical manifestations
- liver biopsy -> chronic liver disease
- 6-10 weeks incubation
- MOT: same as Hepa B



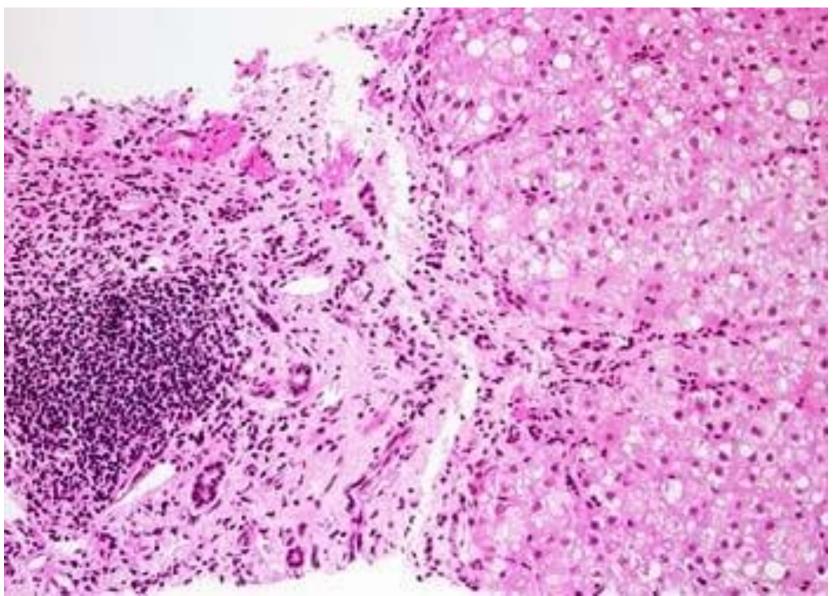
- Risk factors:
  - people who share needles
  - health workers who are exposed to infected blood
- Possible symptoms:
  - pain in the upper right quadrant of abdomen
  - nausea and vomiting
  - loss of appetite
  - jaundice
  - fatigue
  - itching

# Liver cirrhosis: chronic viral hepatitis





#### Chronic Viral Hepatitis C



# Cure

- Single Agent: Sovaldi (sofosbuvir)
- Combination: Harvoni (ledipasvir and sofosbuvir)
- Gilead
- Cost (2015): USD 80,000.00 = PhP 3.6M

# Hepatitis D

- Delta Hepatitis
- ss RNA; spherical in shape 36 nm
- requires helper function with HBV helper virus
- can occur:
  - co-infection with acute HBV infection
     super infection with chronic HBV infection

#### Serology and Molecular Detection of Viral Infections

- Hepatitis D, also known as delta hepatitis, is a parenterally transmitted infection that can occur only in the presence of hepatitis B.
- This is because HDV is a defective virus that requires HBV for its replication and expression.

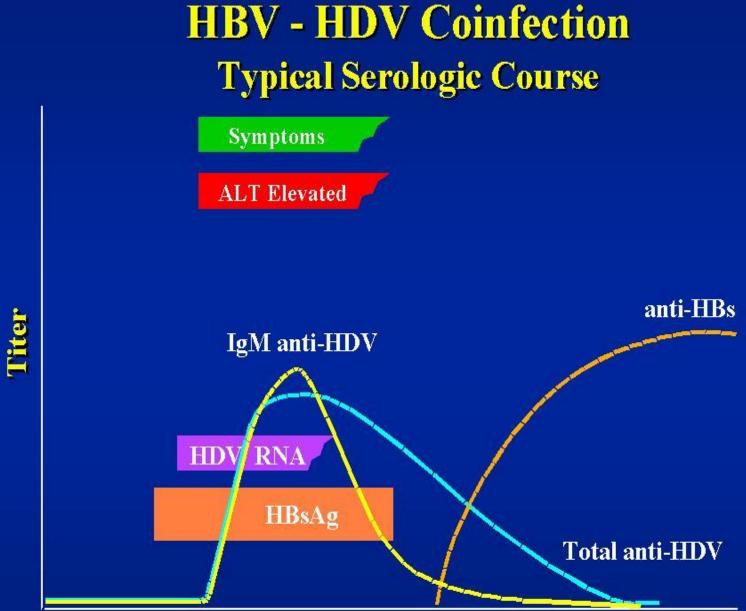
 The only member within the *Deltavirus* genus, HDV consists of a circular RNA genome and a single structural protein called hepatitis delta antigen within its core, surrounded by a viral envelope that is of HBV origin and contains the HBsAg.

- Hepatitis D can either occur as a coinfection with hepatitis B, in which infection of HDV and HBV occurs simultaneously, or as a superinfection, in which HDV infects individuals who are already chronic HBV carriers.
- Clinically, co-infections usually resemble infection with HBV alone.

- Superinfections result in a greater risk of developing fulminant hepatitis or chronic liver disease with an accelerated progression toward cirrhosis, liver decompensation, and hepatocellular carcinoma.
- Detection of hepatitis D utilizes molecular methods to detect HDV RNA, a marker of active viral replication that is present in all types of active hepatitis D infections.

- HDV RNA is detected by reversetranscriptase PCR assays, which are highly sensitive, specific, and quantitative.
- Hepatitis D infection is also indicated by the presence of anti-HDV in the patient's serum, detected by immunoassays employing hepatitis D antigen.

- IgM anti-HDV may be used to detect acute hepatitis D.
- High titers of IgM and IgG antibodies are associated with chronic infection.



**Time after Exposure** 

# Chronic HDV

- poor prognosis
- liver necrosis
- inflammation
- cirrhosis
- no effective anti viral drugs for chronic infection
- Vaccination against HBV provides immunity to HDV

## Hepatitis E

- water borne hepatitis
- HEV- small, ss-RNA virus
- 4 genotypes
- Type 3 and 4 = pigs, wild boar and deers
- Fecal-oral route
- Ingestion of meat products, blood transfusion, vertical transmission
- 20 million cases annually in East and South Asia (WHO)

#### Hepatitis E

- Diagnosis Hepatitis E detecting IgM anti-HEV
- RT-PCR
- Test for viral antigen detection

# Hepatitis G

- HGV, aka GB virus-C (GBV-C)
- was first described in 1995-96
- ss RNA Flaviviridae
- 2-5% carrier rate
- persistent infection up to 9 years 15-30 trs adults
- often found as co infection with HBV, HCV and HIV

- possibility of not a true hepatitis virus
- MOT: same as HIV, HBV and HCV
- prevention: same as above
- no recommended treatment as of the moment

# Serological Tests for Hepatitis

- Ouchterlony
- CIEP
- Rheophoresis
- CF Test
- Passive Agglutination
- Reverse Passive Agglutination
- RIA
- ELISA

#### Serological Tests for Hepatitis B

# Screening Test

- Rapid Test
- Immunochromatographic assay
- The strip is coated with mouse monoclonal anti-Hbs
- If ab is present in serum, it binds with the antigen and moves along the strip chromatographically and forms visible line



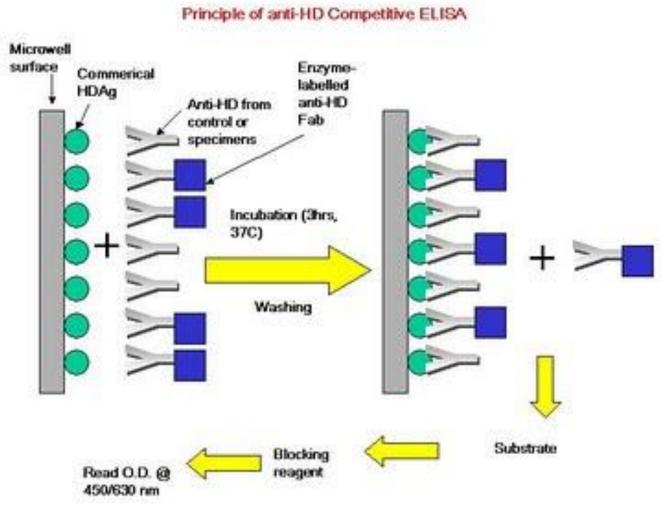


## Screening Test ELISA

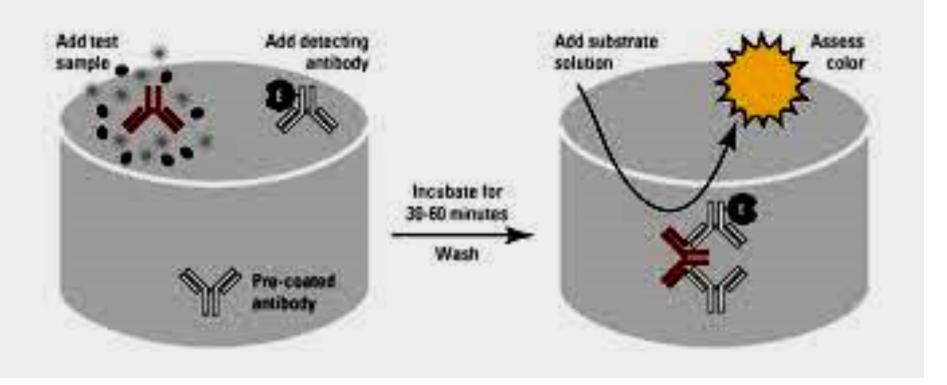
 Indirect ELISA: the OD value is directly proportional to antibody concentration



# Competitive ELISA: requires less time to perform (sample and conjugate are added at the same time)

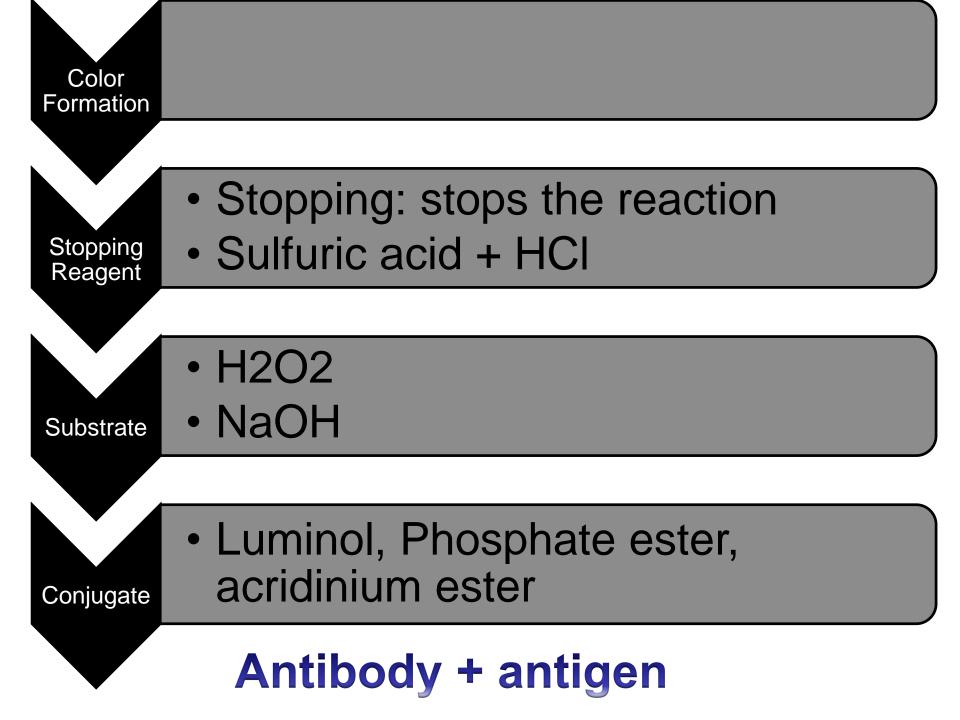


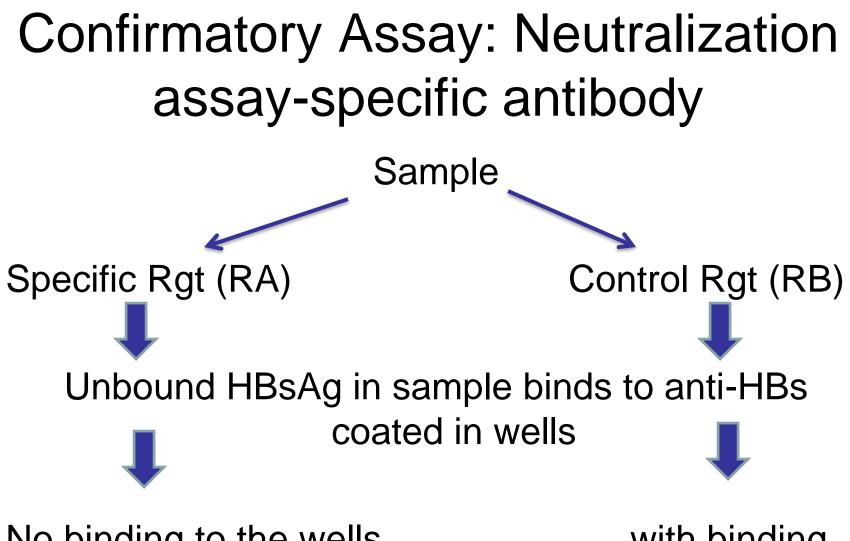
ELISA: Ag-Ab capture – targets a class of antibody. Other body fluids can be used aside from serum/plasma



## Chemiluminiscent Assay Machine: used in serology, endocrinology, chemistry etc







No binding to the wells

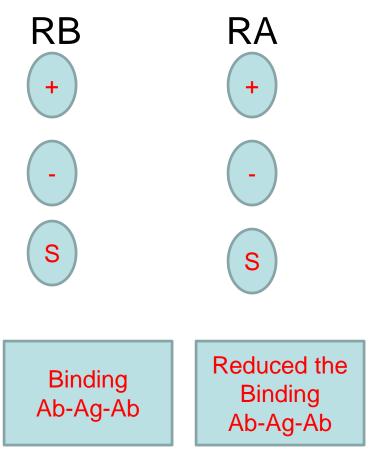
with binding

 Sample is confirmed + if the inhibition in the specific wells exceeds 50% and the reading in the control reagent is the cut off value



## HBsAg Confirmatory Test

#### Principle of the Test



The assay is run in according to usual screening . Procedure: Two wells are well aligned to each sample. The specific reagent will compete with the mouse antibody. Coated in the wells for any HBsAg present in the sample and will reduce the amount of HBsAg binding in the well. In the control reagent there is no competition and it will bind normally

#### Interpretation

| Sample Reactivity<br>Ratio | Inhibition Percentage | Interpretation |
|----------------------------|-----------------------|----------------|
| > or equal 0.8             | >50%                  | Positive       |
| < 0.8                      | Whatever results      | Negative       |
| >0.8                       | <50%                  | For dilution   |

Note: For strongly reactive samples, if the inhibition is less than 50% and the absorbance in the control reagent 3,500...the sample should be diluted with 1:100 or 1:10,000

| Tests    | Cutoff Value | Patient's Value | Interpretation |
|----------|--------------|-----------------|----------------|
| HBsAg    | 1.00         | 0.52            | Non-Reactive   |
| Anti-HBs | 10.0         | >1000.00        | Reactive       |
| Anti-HBe | 1.00         | 3.16            | Non-Reactive   |

#### For anti-HBclgG, anti-HBe and anti-HAVIgG, results below the cut off value are considered as REACTIVE.

## Monitoring Test

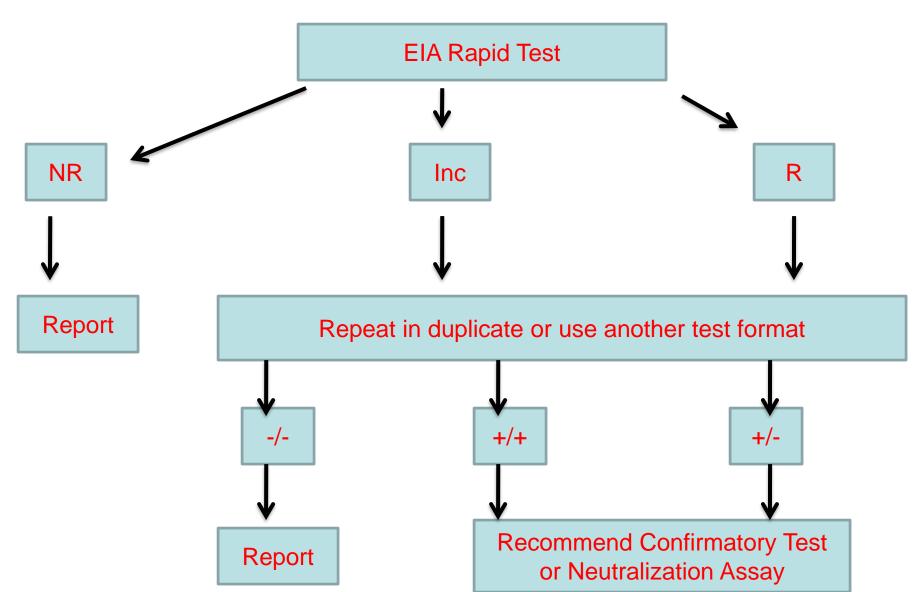
#### **Branched DNA Assay**

- Principle: sandwich nucleic acid hybridization.
- For research purposes only

#### PCR

Principle: DNA
 amplification

#### HBsAg Testing for Algorithm

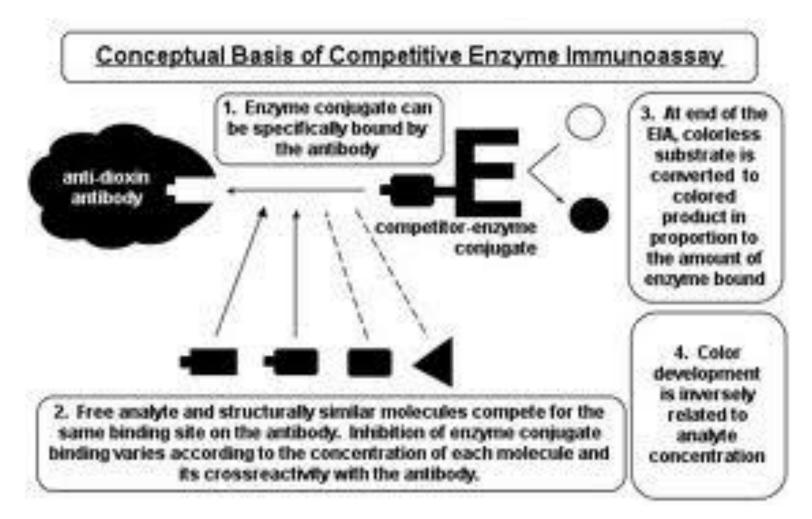


#### Serological Test for Hepatitis C

#### **Available Test**

| Types                         | Examples                                      |
|-------------------------------|---|
| Screening                     | EIA<br>Depid Tests                            |
|                               | Rapid Tests                                   |
| Confirmatory/<br>Supplemental | SIA (e.g. RIBA, LIA)<br>HCV RNA (Qualitative) |
| Monitoring                    | HCV RNA (Quantitative)                        |
| Other Tests                   | Genotyping                                    |

#### EIA Screening Test for HCV



## Supplemental/Confirmatory Assay

- To establish true positivity of anti-HCV EIA
- Higher specificity but lower sensitivity

|          | Gold Std (+)   | Gold Std (-)   |
|----------|----------------|----------------|
| Test (+) | True Positive  | False Positive |
| Test (-) | False Negative | True Negative  |

#### RIBA

In most cases, it can tell if the positive anti-HCV test was due to exposure to HCV (positive RIBA) or represents a false signal (negative **RIBA**). The **RIBA** test cannot distinguish between a current or past infection.

#### HCV RNA Qualitative

- may be used to distinguish between a current or past infection.
- It is reported as a "positive" or "detected" if any HCV viral <u>RNA</u> is found; otherwise, the report will be "negative" or not detected."
- It may also be ordered after HCV treatment is complete to see if the virus has been eliminated from the blood.
- These tests are seldom used any more.

## Interpretation of Strip Immunoblot Assay

- No band visible: negative for anti-HCV
- At least 2 bands: + for anti-HCV
- One band: indeterminate



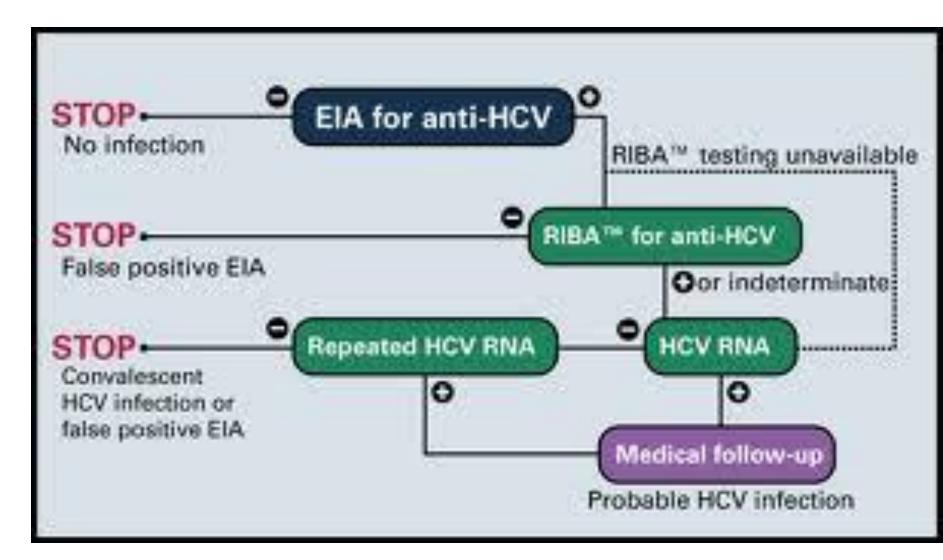
#### Anti-HCV IgM Assay

- Acute infection 50-93%
- Chronic infection 50-70%

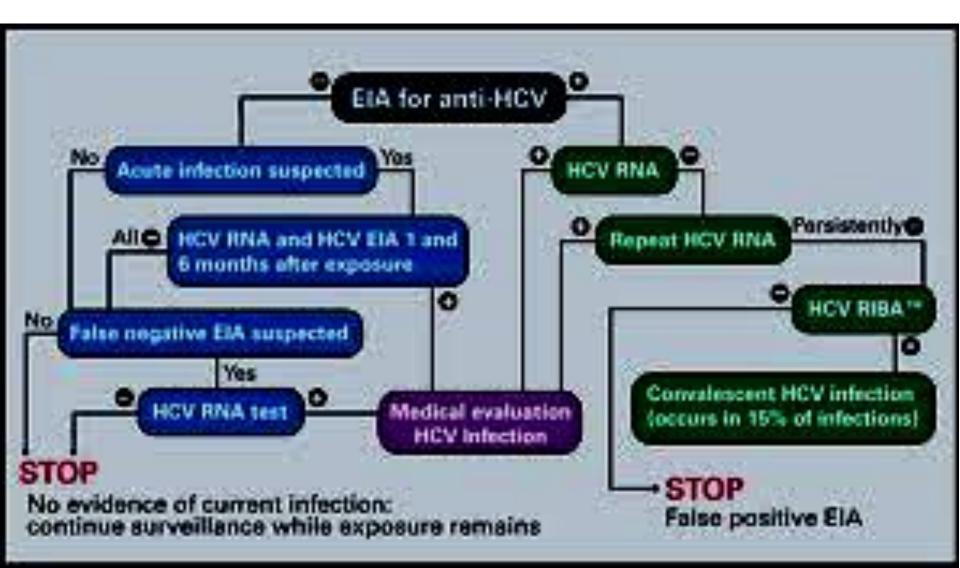
HCV Viral Load (HCV RNA test, Quantitative) detects and measures the number of viral RNA particles in the blood. Viral load tests are often used before and during treatment to help determine response to treatment by comparing the amount of virus before and during treatment (usually at several time points in the first three months of treatment). Successful treatment causes a decrease of 99% or more (2 logs) in viral load soon after starting treatment (as early as 4-12 weeks) and usually leads to viral load being not detected even after treatment is completed. Some newer viral load tests can detect very low amounts of viral RNA.

Viral genotyping is used to determine the kind, or genotype, of the HCV virus present. There
are 6 major types of HCV; the most common (genotype 1) is less likely to respond to
treatment than genotypes 2 or 3 and usually requires longer therapy (48 weeks versus 24
weeks for genotype 2 or 3). Genotyping is often ordered before treatment is started to give an
idea of the likelihood of success and how long treatment may be needed.

#### Algorithm for HCV



#### Interpretation of the Test



#### Thank you for listening!!

Sawadee krup!!